Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Cox HealthPlans

CoxHealth

This is on plan documen	ly a summary. If you was t at www.coxhealthplans.com of	nt more detail about your coverage and costs, you can get the complete terms in the policy or by calling 1-800-205-7665.
Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	 \$3,000 person/ \$6,000 family <u>in-network provider</u>. \$6,000 person \$12,000 family <u>out-of-network provider</u> Doesn't apply to preventive care. 	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or <u>plan</u> document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
Is there an <u>out–of–pocket limit</u> on my expenses?	Yes. For InNetwork <u>providers</u> \$6,350 person/ \$12,700 family. For Out-of- Network <u>providers</u> \$20,000 person/ \$40,000 family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out–of–pocket limit</u> ?	<u>Premiums, balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the <u>plan</u> will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.coxhealthplans.com or call 1-800-205-7665 for a list of in-network <u>providers</u> .	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of- network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
Are there services this plan doesn't cover?	Yes.	Some of the services this <u>plan</u> doesn't cover are listed on page 5. See your policy or <u>plan</u> document for additional information about <u>excluded services</u> .

Questions: Call 1-800-205-7665 or visit us at www.coxhealthplans.com. If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-205-7665 to request a copy.

- <u>Co-payments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
 - <u>Co-insurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
 - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
 - This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, <u>**co-payments**</u> and <u>**co-insurance**</u> amounts.

Common Medical Event	Services You May Need	Your cost If You Use an In-network Provider	Your cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit \$30 Mental Health <u>copay</u> /visit	50% <u>coinsurance</u>	<u>Copay</u> covers services billed by the physician for the same date of service.
	Specialist visit	\$50 <u>copay</u> /visit	50% <u>coinsurance</u>	<u>Copay</u> covers services billed by the physician for the same date of service.
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	\$30 <u>copay</u> /visit for chiropractor	50% for <u>chiropractor</u>	<u>Copay</u> covers services billed by the physician for the same date of service. Limited to 26 visits per calendar year without <u>preauthorization</u> .
	Preventive care/screening/immunizatio n	No Charge	50% <u>coinsurance</u>	No charge only for services recommended by the U.S. Preventive Services Task Force as mandated by PHSA Section 2713
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	None
	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	None

Common Medical Event	Services You May Need	Your cost If You Use an In-network Provider	Your cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Generic drugs	\$15 prescription retail and \$37.50 mail order	50% <u>coinsurance</u>	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription). Certain drugs may have a 50% penalty applied without preauthorization .
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$45 prescription retail and \$112.50 mail order	50% <u>coinsurance</u>	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription). Certain drugs may have a 50% penalty applied without preauthorization .
<u>prescription drug</u> <u>coverage</u> is available at www.coxhealthplans.co m.	Non-preferred brand drugs	\$75 prescription retail and \$187.50 mail order	50% <u>coinsurance</u>	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription). Certain drugs may have a 50% penalty applied without <u>preauthorization</u> .
	Specialty drugs	100% <u>coinsurance</u> up to \$100 max	Not Covered	Covers up to a 30-day supply (retail prescription). Mail order not covered. Certain drugs may have a 50% penalty applied without preauthorization .
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Certain outpatient procedures and/or therapies may have limitations and have a 50% penalty without required <u>preauthorization</u> .
	Physician/surgeon fees	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Certain outpatient procedures and/or therapies may have limitations and have a 50% penalty without required preauthorization .
	Emergency room services	\$30 <u>copay</u> /visit	\$30 <u>copay</u> /visit	None
If you need immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	None
	Urgent care	\$30 <u>copay</u> /visit	50% <u>coinsurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	50% <u>coinsurance</u>	All Inpatient Services require <u>preauthorization</u> . 50% penalty may be applied without <u>preauthorization</u> for <u>Out-of-</u> <u>Network providers</u> .
	Physician/surgeon fee	30% <u>coinsurance</u>	50% <u>coinsurance</u>	All Inpatient Services require <u>preauthorization</u> . 50% penalty may be applied without <u>preauthorization</u> for <u>Out-of-</u> <u>Network providers</u> .

Common Medical Event	Services You May Need	Your cost If You Use an In-network Provider	Your cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental health, behavioral health,	Mental/Behavioral health outpatient services	30% coinsurance.	50% coinsurance.	None
	Mental/Behavioral health inpatient services	30% <u>coinsurance</u> .	50% <u>coinsurance</u> .	All Inpatient Services require <u>preauthorization</u> . 50% penalty may be applied without <u>preauthorization</u> for <u>Out-of-</u> <u>Network providers</u> .
or substance abuse needs	Substance use disorder outpatient services	30% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None
	Substance use disorder inpatient services	30% <u>coinsurance</u> .	50% <u>coinsurance</u> .	All Inpatient Services require <u>preauthorization</u> . 50% penalty may be applied without <u>preauthorization</u> for <u>Out-of-</u> <u>Network providers</u> .
	Prenatal and postnatal care	30% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you are pregnant	Delivery and all inpatient services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	All Inpatient Services require <u>preauthorization</u> . 50% penalty may be applied without <u>preauthorization</u> for <u>Out-of-</u> <u>Network providers</u> .
	Home health care	30% coinsurance	50% coinsurance	50% penalty may be applied without preauthorization .
If you need help recovering or have other special health needs	Rehabilitation services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Physical Therapy, Occupational Therapy, & Speech Therapy each limited to 60 days per calendar year. Physical/Occupational require authorization for home visits. All Speech Therapy requires authorization. 50% penalty may be applied without the required <u>preauthorization</u> .
	Habilitation services	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Autism (BCBA, BCaBA specialties only) requires <u>preauthorization</u> and is limited to individuals through 18 years of age.
	Skilled nursing care	30% coinsurance	50% <u>coinsurance</u>	50% penalty may be applied without preauthorization .
	Durable medical equipment	30% coinsurance	50% coinsurance	50% penalty may be applied without preauthorization .
	Hospice service	30% coinsurance	50% <u>coinsurance</u>	50% penalty may be applied without preauthorization .

Common Medical Event	Services You May Need	Your cost If You Use an In-network Provider	Your cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Eye exam	Not Covered	Not Covered	No coverage for eye exam.
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	No coverage for glasses.
dental of eye care	Dental check up	Not Covered	Not Covered	No coverage for dental check-up.

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
• Acupuncture	Glasses (Child)	Private-duty nursing	
• Bariatric surgery	Hearing aids	• Routine eye care (Adult)	
• Dental care (Adult)	• Infertility treatment	Routine foot care	
• Dental check-up (Child)	• Long-term care	• Weight loss programs	
• Eye exam (Child)			

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care (26 visits per calendar year without prior authorization) • Cosmetic surgery (With prior authorization) • Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

If you lose coverage under the **plan**, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the **plan**. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the **plan** at 1-(800) 205-7665. You may also contact your state insurance department, the U.S. Department of Labor at <u>www.dol.gov/</u>, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your **plan**, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the insurer at 1-(800) 205-7665. You may also contact your state insurance department at 1-(800) 726-7390.

Additionally, a consumer assistance program can help you file your **appeal**. You may also contact them at 1-(800) 726-7390.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Non-English speaking language assistance services, free of charge, are available to you. Call 1-844-563-0782 (TTY: 1-800-735-2966).

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$3,020
- Patient pays \$4,520

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$9 00
Anesthesia	\$9 00
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays:	
Deductibles	\$3,000
Co-pays	\$20
Co-insurance	\$1,300
Limits or exclusions	\$200

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$1,720
- Patient pays \$3,680

Sample care costs:

Prescriptions	\$2,900		
Medical Equipment and Supplies	\$1,300		
Office Visits and Procedures	\$700		
Education	\$300		
Laboratory tests	\$100		
Vaccines, other preventive	\$100		
Total	\$5,400		
Patient pays:			
Deductibles	\$3,000		
Co-pays	\$400		
Co-insurance	\$200		
Limits or exclusions	\$80		
Total	\$3,680		

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>co-</u> <u>payments</u>, and <u>co-insurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as <u>co-</u> payments, deductibles, and <u>co-insurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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